



## Newsletter - August 2019

The Okines Food Co-Op What's happening this month?

**WINTER HOURS:** due to demand we have decided to **keep our Sunday hours** consistent thru the year so the 9.30 am – Noon opening will remain.

### **New Items:**

*Shampoo – Bodywash Bar: pH neutral, soap-free product, great for skin care- see details below*

*Wholegrain Millers Organic Flours: for bread and cakes. We still have organic Tassie Kindred Spelt flours for general baking.*

*Gluten Free Muesli: to trial depending on demand*

*Hazelnuts: fabulous roasted organic nuts from Cygnet – you will never want another Hazelnut after trying these!*

*River-rich Moisturisers and Serum: back on the shelf after a break in supply – creams for dryer skin – serum great as a base or as a lighter treatment*

### **UP-COMMING EVENTS:**

**STORY TELLING:** Wens 11<sup>th</sup> September

**TWILIGHT MARKET:** Friday 18<sup>th</sup> October

**We will need help with baking goodies to sell and set-up, serving and clean-up on the night. Please let us know if you can assist.**

### **Documents and Downloads:**

Find our current pricelist, order forms and up to date stock info [here](#) on our website.

### **Location and Opening Hours:**

540 Old Forcett Road, Dodges Ferry (in the community garden)

Open Tuesdays 2pm-5pm and Sundays 9.30am-12noon

We also open on garden tucker days every first Monday of the month from 12.00noon-2pm.

### **Contact:**

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## News:

**Prepacked orders:** we love to receive your orders by email, but due to the time involved with packing there will be a **small fee** of \$5 for over 10 items and \$10 for 20 or more. It is also really helpful, especially for larger orders, if you can provide as many of your containers as possible. A great way to do this is to drop a box or basket off on Sundays or early Monday (leave by our door) with your order either as a note in the box or emailed by noon on Mondays.

**Special Orders:** we are happy to place orders for you with our suppliers, but it is important to **collect them as soon as possible** after they arrive. We don't have space in the co-op to store them and function with shoppers at the same time— particularly full bags of flour etc.

**Shampoo-Body Bar:** soap free, palm oil free, ph 5 to match your skin and allow your natural oils and biota to remain. Needs no conditioner or vinegar rinse as other soap bars do.

## Items Needed:

1. **Plug in electric hotplate:** we need a more stable, safer way of heating chai etc for future events. If you have one you do not use would you consider offering it to the co-op/garden?
2. **Jars and bottles:** Clean without labels please. Leave outside the co-op door or drop in when we are open.

## Feedback:

We would love to hear from you about any **comments and wishes!** If you have any **product preferences**, you know about **possible suppliers**, have enquiries about **events**, your **membership** or just want to make **general comments** on the shop, **Please feel free to talk to Jill, our cashiers, or send an email to: [okines.food.coop@gmail.com](mailto:okines.food.coop@gmail.com)**

